

EVERYONE'S A HERO @ THE Y!



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kraft Family YMCA

8921 Holly Springs Rd, Apex, NC 27539

Track 3 - January 23 – February 8, 2012

www.ymcatriangle.org

TRACKING OUT NEWSLETTER



SUPER HERO THEME

Welcome to another edition of Tracking Out 2011-2012! We're so excited to provide an awesome experience for you and your child as they are tracked out of school. This session our theme will be Super Heroes, and all of our activities will be based on this theme. Your child will experience field trips, special guest presenters, swimming at the Alexander YMCA, and much more! Be sure to ask your child all about their activities each day.

In addition to all of the fun, your child has the option to wear fun, creative outfits to go along with each week's Wacky Wednesday theme. Please don't spend money on these outfits, use your creativity. For outfit ideas, please feel free to ask our imaginative staff! We'd love to help! ☺ Our themes are included on the Activity/Field Trip Calendar.

We're so excited to have you in our Y family, and we can't wait to have a great time with you at Tracking Out!

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TRACKING OUT STAFF

Brian Skilton – Sr. Youth Director

Rebecca Duncan - Youth Director

Kathryn Smith – Asst. Director

Jen Wilkins – Head Counselor

Sonya Moss – Office Manager

Katina Morris – SC Coordinator

Coordinators: Jennifer 'JB' Bailey, Marc Burgess, Brad Skinner, Kenneth Diggs

Huddle Counselors: Donovan Perry, Josh King, Stephen Rexrode, Jack Groves, Shelby Everhart, Matt Stephenson, Devin Head, Drew Yarley, Tommy Atkins, Kyle Phares, Wes Smetana

QUESTIONS, COMMENTS, IDEAS?

Contact Us:

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Carolina Hurricanes Hockey Clinic Day for 4th & 5th Graders

On **Thursday, February 2nd** from **10:00am – 12:30pm** the Carolina Hurricanes Hockey Organization will be sending some of their staff to our YMCA to lead a developmental hockey clinic for our 4th and 5th grade campers. During this time, they'll be learning from the Pro's all of the ins and outs of how to be a hockey player. This is a great opportunity and we're super excited, so be sure your child is there on time and dresses appropriately for this clinic. It's a day they won't want to miss!!!

3-5 GRADE FLOOR HOCKEY DAY!

On Tuesday, **February 2nd** all 3rd – 5th grade campers will travel to the Cary Family YMCA for our YMCA of the Triangle Interbranch Track Out Floor Hockey Tournament. Teams from all branches (Kraft,/Garner, Cary, Finley and Kerr) will meet for this one day event and battle each other to see who will be crowned the Track 3 Floor Hockey Champions of 2012.

Campers will have the option to sign up for one of two teams: Floor Hockey or Spirit/Cheer Team, but space is limited for hockey, so it's first come, first serve. Our team's color will be purple, so please send your child in as much purple gear as possible that day!

On various days leading up to this event, your child will practice with their floor hockey team to get ready for the event.

On the 2nd, please be sure to drop your child off no later than 9:30am, as the bus will be leaving for the Cary Y shortly after. Don't worry, any campers arriving via bus from their schools' early arrivals program will make it on time! All campers will return to the Kraft Family YMCA no later than 2pm that day.

For campers not in 3rd-5th grade, they will participate in their regular activity schedule as normal.

Our goal for this tournament is not to win a trophy (though that would be an extra added bonus). We would rather leave at the end of the day knowing that all of our campers showed great character, great sportsmanship and had LOTS OF FUN!!!

Let's all get excited because this should be an awesome event! We're all so proud of our campers, and can't wait to play some floor hockey!

MARTHA'S DEN!!!

Our new youth wing, Martha's Den, will be open and operational as of Monday, Jan. 23rd! Let's get excited to be the first group to use our new space!!!

SC Corner

Our Middle School Campers are known as the Senior Campers or "SC's" and with age comes freedom and responsibility...and FUN! Here are some of the things your teen can expect this track:

- Gaga, Cornhole & more
- Team Building
- Ice Skating
- Service Projects
- Super Hero Challenges
- Swimming
- Bowling
- Art Projects
- Sports Challenges
- Character Devotions

And...so much more

Being in middle school can be a tough transition for some, and here at the Y, we want to create an environment rich with relationship building, leadership development and social responsibility. Please encourage your teen to share with you. Together, we can mold your teens into great leaders for the future!